

# Lunch Menu, Middle School, April 2024

If you have any questions regarding our menu, please contact Auburn Food Services at 508-832-7722 x & x4122 or 4123 visit our website: <https://bit.ly/3gg3Jlk>

All Meals for 2022 – 2023 are FREE for ALL students! Plan for your students to take advantage of our great tasting and nutritious meals at school!!

Per the USDA school nutrition standards, students must take at least 3 items (food groups) as part of their breakfast and lunch with one item being fruit and for all students must

Remember to take 3 food groups and one must be a fruit or vegetable serving. Milk choices include FF White, 1% White and FF Chocolate.

## Available Daily for Entrees

1. Bagel Meal - Bagel, Yogurt, Cheese Stick ( Monday)
2. Deli Sandwich - Ham , Turkey or Italian Sandwich Varys ask the Kitchen Manager. ( Tuesday & Thursday)
3. Sunbutter & Jelly Sandwich- Daily
4. Chicken Nuggets Meal - 5 Chicken Nuggets with variety of fruits and vegetables(Wednesday)
5. Yogurt Meal- Yogurt Parfait, granola/ granola bar, variety fruit and vegetable (Friday)

Monday	Tuesday	Wednesday	Thursday	Friday
1 Hot Dogs Smiley Fries Assorted Fruit	2 Pulled Pork Sandwich Coleslaw Assorted Fruit	3 Chicken Fajitas/ Cheese Quesadilla Black Beans / Onions Assorted Fruit	4 Turkey Kielbasa Dinner Roll/ Sub Roll Mashed Potatoes Corn Assorted Fruit	5 Pizza Side Salad Assorted Fruit
8 Pasta with Meat Sauce or (Deeply Rooted)Veggie Crumbles Sauce Broccoli Garlic Knot	9 Turkey Nachos Lettuce, Tomato, Salsa Black Beans Assorted Fruit	10 Open faced Thanksgiving Sandwiches on Texas Toast Mashed Potatoes Cranberry Sauce	11 Shredded Beef and Cheese Quesadilla Black Beans Lettuce, Tomato, Salsa Assorted Fruit	12 Nardone Pizza Sweet Potatoes Assorted Fruit
15 <b>Vacation</b>	16 <b>Vacation</b>	17 <b>Vacation</b>	18 <b>Vacation</b>	19 <b>Vacation</b>
22 Cheeseburger/Hamburger Green Beans Assorted Fruit Assorted Fruit	23 Vegetable Lo Mein Noodles w/ Egg Roll Mixed Vegetables Assorted Fruit	24 BBQ Pork Quesadilla Brown Rice Carrots Assorted Fruit	25 Breakfast Sandwiches Hashbrown Assorted Fruit	26 BBQ or Buffalo Big Daddy Pizza Broccoli Assorted Fruit

<p style="text-align: center;">29</p> <p style="text-align: center;">Lasagna Roll Ups Broccoli Assorted Fruit</p>	<p style="text-align: center;">30</p> <p style="text-align: center;">Orange Chicken Brown Rice Carrots Assorted Fruit</p>	<p style="text-align: center;">May 1</p> <p style="text-align: center;">Meatball Subs w/ Cheese Green Beans Assorted Fruit</p>	<p style="text-align: center;">2</p> <p style="text-align: center;">Turkey Dill Patty Sandwich Baked Beans Assorted Fruit</p>	<p style="text-align: center;">3</p> <p style="text-align: center;">Variety Pizza Side Salad Assorted Fruit</p>
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Locally Grown Fresh Apples offered daily. Milk Choices: Fat Free White, 1% White, Fat Free Chocolate 8 oz.

Each day we offer a hot or cold lunch option. All Meals include Milk, Fruits and Vegetables. Water is also available. All students are offered sides and may be a cookie and chip option when offered.

Meals when offered will include nutritious legumes/beans. Nut free butters are also available.

Menu is subject to